

QUILTS FROM THE HEART

NEWSLETTER

A Public Benefit Nonprofit Corporation
www.quiltsfromtheheart.org



June 22, 2017

Dear Quilters,

PLEASE READ – (Note from Kathie – so sorry for the delay in getting the retreat information to you – retirement is turning out to be more complicated than I thought it would be and time just goes by – it was much easier to get stuff done at work.)

FALL RETREAT – It is time to register for Fall Retreat. Registration is at the end of this newsletter. The dates are from Wednesday, September 13 through Sunday, September 17. It is possible to register for a shorter stay. We have 32 total beds and haven't been filling them all for some time so there is no need to wait to register if you need to individualize. Also, feel free to register as a commuter, if that works for you. The costs for other than full time residential options will vary depending on the length of your stay.

We will sew in the Meeting House and room in the Inn and the Inn Annex. There are both individual and double bed rooms available. There is one ADA room and it will be assigned to the participant with the greatest physical needs. There are two rooms in the Inn with private bathrooms. As always, they will be assigned to the first people willing to pay the private bath surcharge.

At Fall Retreat participants work on whatever projects they choose, private or QFTH activities. You will be asked to complete a block kit for a joint Fall Retreat project. The last few years we have pieced quilts that were donated to the VA hospital.

I look forward to receiving your registrations and deposits.

Sandy Burroughs

MEETINGS

Check the website www.quiltsfromtheheart.org for all scheduled meeting dates and times.

Mountlake Terrace Library

The next two meetings are **Saturday, July 22** and **Saturday, August 12** – both are work parties beginning at 10 a.m. Please bring your project to work on, any completed quilts to turn in, an item for the potluck, and your list of fabrics needed from our store. We will be working on getting a meeting together in September – hopefully later in the month, after retreat. At the July meeting, Kay Melder will be taking the twins and laps for Vision House (a shelter for homeless women in Renton) and Barbara Fortney will take the baby quilts for Baby Bank of Seattle.

[Bellevue – Quiltworks NW](#)

Work Parties are held at Quiltworks Northwest on the fourth Thursday of the month. Upcoming meetings will be on **Thursday, July 27 and Thursday, August 24**. Meeting time is **6 p.m. to 9 p.m.** Bring your project to work on or there are always people who could use some help; either cutting or ironing.

[South King County](#)

Work Parties are held at the Algona Pacific Library. Upcoming meeting is on **Saturday, July 15 from 10 a.m. to 5 p.m.** Bring your project to work on or there are always people who could use some help; either cutting or ironing. Bring a brown bag lunch.

[Poulsbo – Kitsap Regional Library](#)

This group is on summer hiatus. Their final meeting will be on **Saturday, September 23**. Barbara Wright is retiring as the liaison – and as of this writing, nobody has stepped up to be in charge of organizing these meetings, so the last meeting will be on that Saturday. Hopefully, in the future, everybody will be able to attend either the Algona meetings or the Mountlake Terrace meetings and turn in their quilts.

[Ocean Park](#)

Work Parties are held at the Peninsula Senior Activity Center and are always the first and third Friday of each month. Upcoming meetings will be on **Friday, July 7 & 21 and Friday, August 4 & 18**. Meeting time is **9 a.m. to 4 p.m.** Bring your a project to work on or there are always people who could use some help; either cutting or ironing. Bring a brown bag lunch.

LONG ARM QUILTERS

As many of you know, we have a very talented group of longarmers whom we need to cherish as they work tirelessly so that we will have many quilts to give to our charities. Linda Gentry, Jolene and Karen Otter gave a presentation a little while ago about what the quilters would like to see when given your quilt tops to quilt. One of the most important things they stressed was that they need 3” extra on all sides of the backer fabric - so that's 6" in width and 6" in length. This allows them to load the quilt back onto the machine. If you don't have enough, you can add a strip of another fabric to one of the sides that is short, which is what Linda does and then removes it after quilting. The seam on the backer should NOT have any selvage left on it, so cut that off before you do the seams, then press the seam open. You can leave the selvage on the outer edges as that helps with the grippers on the machine. The back should also be squared up so that all edges are even.

Also, before turning in your quilt top, please check to make sure that it is ironed really well, and that the extra threads are cut off. Your top and back should be ready to go, so that the quilter can just load it onto the machine. If that is not possible, the quilt top will be returned to you so that you can make whatever changes are needed to get the top into shape.

Please follow these guidelines to make things easier for the quilters. If you have any questions, please do not hesitate to talk to the quilter so that you can give them a workable product. Thanks.

CHANGES

As many of you saw, Cindy Parker asked if somebody would like to take over the memberships for Quilts from the Heart. Doris Huysman-Moore has volunteered. Thanks Doris – you will have a good time.

Speaking of changes – these officer positions are available for volunteers – president, vice-president, and treasurer. Since Christina Coleman was just elected, she is happy to stay on as secretary. Thanks Christina. If you have any questions about the other positions, please give the officer a call and they can tell you what the duties are. There are many people in our group who are anxious to help, and this is a great way to keep the organization going. Phone numbers and e-mails are at the end of the newsletter. Our election will be in December. And it doesn't matter where you live as everything can be done online.

DOUBLE WEDDING RING QUILT

A beautiful double wedding ring quilt was donated to us through Diane Cameron. It is made with 30s fabrics and is in great shape according to Jolene Otter. We are trying to decide what to do with it. We can raffle it off among our group to raise some money, or we can try to sell it on Ebay (seems like a lot of work). It should be at the July meeting in Mountlake Terrace – any ideas are gratefully accepted.

BOOK REVIEW

Thanks to Sandy Burroughs for the following book review. If you've discovered a quilting book you'd like the rest of the group to know about, email your review to Christina [REDACTED]

From Sandy: I have a new book that I'm having fun with. Gloria recommended it to me when she, Brooke and I were in Running Stitch in Kent. The title is Fat Quarter Style. The quilts are from a group of designers so no author is listed. There is a reference to 'It's Sew Emma.' I have already kitted up 5 quilts from the book. Each quilt offers multiple sizes. Most of the quilts have a modern feel. That means that some take large pieces of background fabric. Also, many of the quilts feature sew and flips. That means they are not fast piecing. There are clear diagrams for cutting strategies making it easy to see that you don't really require full fat quarters for many of the blocks. The list price is \$19.95 and the Kent shop offers a 15% discount on all books.

COMMUNITY REWARDS PROGRAMS

[Amazon Smile](#)

Here is the link that will give you all the information you need: <https://smile.amazon.com/gp/aw/ch/about>. Please note that there are other organizations with similar names. You will need to pick out Quilts from the Heart with the Everett address. So all you Amazon shoppers – here's a good way to earn extra money for Quilts from the Heart.

[Fred Meyer Rewards Card Community Rewards](#)

Linking your Fred Meyer Rewards Card to Quilts From The Heart at www.fredmeyer.com/communityrewards is easy. Under the title “Are you a Fred Meyer customer?” – select “Link your Rewards Card Now” then file out the “Create an Account”. You can search for us by our name or by our non-profit # is 88578.

Here’s a link to a customizable flyer you can use to encourage others to sign up and earn money for Quilts from the Heart:

https://www.fredmeyer.com/asset/vn_ab404314a0bfc0354f46ebb2bf1f8856/comm_rewards_flyer_9_27_16

[Bartell’s BCaring Rewards](#)

To sign up: <http://www.escrip.com/merchants/identity/bcaringcard/index.jsp>. Our group # is 500044100. You can pick up 'B' Caring Card at any Bartell Drugs and register it one of the following ways:

- Complete the registration form available at Bartell Drugs.
- Register your 'B' Caring Card online at above link
- Call 1-800-931-6258

OUR WEBSITE

Check out our website - www.quiltsfromtheheart.org – You will be able to view a list of quilt recipients, our calendar, photos of our quilts as well as other information. You can also download our guidelines, quilt labels, quilt patterns, membership forms and retreat information. Just check it out.

Quilt Patterns: View and print free patterns at <http://www.quiltsfromtheheart.org/patterns.htm>

[View Photos of our Quilts](#)

View over 4,500 quilts posted on our site: <http://qfth.smugmug.com>. Anyone can view the Work Parties galleries, but some of the galleries under Retreats and Parties gallery are password-protected because they contain photos showing our members. [REDACTED]

[Meeting Locations & Coordinator’s Contact Info](#)

Mountlake Terrace Library 23300 58th Avenue West Mountlake Terrace	Snohomish County PUD 21018 Highway 99 Edmonds	Quiltworks Northwest 121A 107th Avenue NE Bellevue Barbara Fiddes [REDACTED] [REDACTED]
Katie Chapman [REDACTED]		
Kitsap Regional Library 700 NE Lincoln Rd Poulsbo Barbara Wright [REDACTED] [REDACTED]	South King County	Peninsula Senior Activity Center 21063 Pacific Hwy Ocean Park Brooke Weller [REDACTED] [REDACTED]
	Algonia-Pacific Library 255 Ellingson Road Pacific	Covington Library 27100 164th Ave SE, Covington
	Sandy Burroughs [REDACTED]	
Seabeck Quilt Retreats - www.seabeck.org http://www.quiltsfromtheheart.org/retreats.htm 15395 Seabeck Hwy NW Seabeck, WA Phone: 360-830-5010 Toll free from Seattle: 206-842-0346 September 16 – 20, 2015 April 6 – 10, 2016		

2017 FALL RETREAT REGISTRATION FORM

10 a.m. Wednesday, September 13 – 1 p.m. Sunday, September 17, 2017

Coordinator: Sandy Burroughs [REDACTED]

Name

Phone

E-mail address

Mailing address

Special diet – check all that apply to you:

Vegan Vegetarian Gluten Free Dairy Free

Preferred accommodation (Prices are for full time attendees):

\$298 ADA room required

\$318 Private bathroom/double occupancy

\$298 Single occupancy room in Annex

Roommate:

\$398 Single occupancy of a double room

\$298 Double occupancy room in Inn

Roommate:

Part time attendance (price will vary by number of nights/meals):

Date and time of arrival:

Date and time of departure:

Commuter (price will vary by number of days/meals):

Days attending: Wednesday Thursday Friday Saturday Sunday

Meals eating: breakfast lunch dinner

A deposit of \$50 will hold your space. The balance is due by July 28. No refunds will be made after August 1, 2017.

Make checks payable to Quilts From The Heart (QFTH) and send to Sandy Burroughs [REDACTED]
[REDACTED]

I would like to have _____ machines cleaned during the retreat.